

Fathima Simra Hussaindeen

Current Location: Nawala | Puttalam, Sri Lanka

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PROFESSIONAL SUMMARY

Dedicated and self-motivated psychology graduate with hands-on experience in counselling, youth engagement, and mental health awareness. Strong interpersonal and communication skills, with a proven ability to support diverse communities. Skilled in handling sensitive cases, facilitating educational programs, and providing guidance in both clinical and outreach settings. Seeking to contribute meaningfully within a professional environment in the UAE.

EDUCATION

BSc (Hons) in Psychology | Colombo Institute of Research and Psychology, Colombo | Mar 2022 - Dec 2024

Higher National Diploma in Counselling | Colombo Institute of Research and Psychology, Colombo | Mar 2022 - Mar 2024

PROFESSIONAL EXPERIENCE

Youth Ambassador | Family Planning Association Sri Lanka | Mar 2025 - Present

- Engage with youth to promote mental health and reproductive health awareness.
- Provide counselling services and emotional support tailored to youth needs.
- Facilitate educational workshops, outreach programs, and advocacy campaigns.

Psychology Intern | Kalutara Rehabilitation Center | Oct 2023 - Dec 2024

- Participated in therapeutic sessions and client observations.
- Assisted in case documentation and rehabilitation program planning.

Medical Laboratory Technician | Western Laboratory, Puttalam | Dec 2022 - Apr 2023

- Performed diagnostic lab tasks and assisted medical professionals with sample processing.

Research Assistant and Office Staff | Global Minds, Colombo | Sep 2022 - Jul 2023

- Conducted research and content writing for educational programs.
- Managed office documentation and coordinated logistics for various initiatives.

Animator | UNICEF, Puttalam | Jun 2023 - Oct 2023

- Conducted home visits and educated families on child nutrition and health.

Teacher | Palliwasalthurai Muslim Maha Vidyalaya, Kalpitiya | Jan 2021 - Feb 2022

- Delivered lessons and facilitated classroom activities across multiple subjects.
- Supported student learning through tailored instruction and academic guidance.
- Contributed to school events and fostered a positive, inclusive learning environment.

KEY SKILLS

- Counselling & Psychosocial Support
- Youth Empowerment & Advocacy
- Teamwork & Communication
- Problem Solving & Time Management
- Technical & Analytical Skills

LANGUAGES

- Tamil - Native
- English - Proficient
- Sinhala - Advanced
- Arabic - Advanced

CERTIFICATIONS & TRAINING

- Basic Certificate in Clinical & Practical Counselling - Skyline Metro Campus, Colombo
- Medical Laboratory Technician - IVA Paramedical Campus
- English and IT - IVA Paramedical Campus